

**From wearing the Brown Scapular, it can be pretty worn out. How “worn out” should it get before you wear a new one? How do you dispose of the old ones?**

I don't know that there is a good rule for how “worn out” a scapular should be before it is replaced. It somewhat depends on how handy you are to make repairs. Jenni has replaced many broken cords on mine without replacing the whole scapular. Sometimes, however, after many washings the main rectangular wool sections of the scapular become tattered or lose their images and need to be replaced.

In general, to dispose of blessed items, they should be burned or buried. Out of reverence, the old scapular, which is a sacramental, should be burned and the ashes buried. There is no need to have the replacement scapular blessed. The blessing by the priest at the time of investiture carries over to the new scapular.

**Deacon Joe**